

Ennis Track Athletic Club - www.ennistrackathleticclub.com

(Check website for Christmas Disco and Turkey Trot photos)

Athletes are invited to take part in County Clare Indoor Track & Field Competition in Nenagh on
Sunday January 25th 2014

Events (Only children born after 2007 are eligible)

Boys & Girls U9 (Born 2007) 60m/500m/Long-jump

Boys & Girls U10 (Born 2006) 60m/600m/ Long-jump

Boys & Girls U11 (Born 2005) 60m/600m/Long-jump

Boys & Girls U12 (Born 2004) 60m/600m/Long-jump/shot

Boys & Girls U13 (Born 2003) 60H/60m/600m/Shot/Walk 1k/High Jump

Boys & Girls U14 (Born 2002) 60H/60m/800m/High Jump / long jump/walk

Boys & Girls U15 (Born 2001) 60H/60m/800m/Shot/Walk 1k/High Jump

Boys & Girls U17 (Born 2000/1999) 60H/60m/200m/800m/Shot Walk 1.5k/High Jump

Boys & Girls U19 (Born 1997/1999)/60m/200m/800m/Shot/Walk 1.5k/High Jump

Adults pay €5.00 at the door.

Competition will start at 10am sharp. Timetable to follow.

Please Note: High Jump @ 9.30am/Older Age groups can only take part in 4 events.

Athletes must provide their own transport to the venue and be supervised at all times by their Parents/Guardian. It will be a long day of competition in Nenagh. (Heats, Semi -Finals & Finals)

Full respect must be given to Nenagh Olympic Facilities and Equipment.

There will be no shop available at Nenagh so all athletes bring their own lunch & warm clothes.

Club Singlets are now available – Please Contact Hilda (086 2351969)

Note: Venue is not suitable for small children or pushchairs!

All entries must be lodged and paid in advance.

Detach and Complete ENTRY FORM below and entry fee of €5 to cover all events.

Please put details & **€5 into an envelope** and return by **Friday January 16^h at training. No late entries can be accepted after that date.**

Detach Here

Name: _____ M/F _____ DOB _____

I wish to take part in: _____

I attach ENTRY FEE of €5: [] Please **tick**

Parent Signature: _____ Tel No: _____