

Clare A.A.I Indoor Track and Field Championships Neenagh

25/1/2015

Order Of Events**10.00am High Jumps All Ages****11.30am Hurdles**

| | | | |
|------|-------|-------------|---------|
| U/13 | Girls | 60m Hurdles | (2 . 3) |
| U/13 | Boys | 60m Hurdles | (2 . 3) |
| U/14 | Girls | 60m Hurdles | (2 . 3) |
| U/14 | Boys | 60m Hurdles | (2 . 6) |
| U/15 | Girls | 60m Hurdles | (2 . 6) |
| U/17 | Girls | 60m Hurdles | (2 . 6) |
| U/15 | Boys | 60m Hurdles | (2 . 9) |
| U/19 | Girls | 60m Hurdles | (2 . 6) |
| U/17 | Boys | 60m Hurdles | (2 . 9) |
| U/19 | Boys | 60m Hurdles | (3 . 0) |

Heats Will be held where required**And Finals will follow****(Field Events Three attempts only for all)****All Sprints check in at the warm up area****200,300,600,800 Check in at the big doors near the entrance****12 . 30 60metres Sprints Heats or Finals**

| | | | |
|------|-------|-----|-------------------|
| U/10 | Girls | 60m | |
| U/10 | Boys | 60m | |
| U/11 | Girls | 60m | |
| U/11 | Boys | 60m | |
| U/9 | Girls | 60m | |
| U/9 | Boys | 60m | |
| U12 | Girls | 60m | (Blocks)Optional |
| U12 | Boys | 60m | (Blocks) Optional |
| U13 | Girls | 60m | (Blocks) Optional |
| U13 | Boys | 60m | (Blocks) Optional |
| U14 | Girls | 60m | (Blocks) |
| U14 | Boys | 60m | (Blocks) |
| U15 | Girls | 60m | (Blocks) |
| U15 | Boys | 60m | (Blocks) |
| U17 | Girls | 60m | (Blocks) |
| U17 | Boys | 60m | (Blocks) |
| U19 | Girls | 60m | (Blocks) |
| U19 | Boys | 60m | (Blocks) |

Finals in Same order**11.00am**

| | | |
|------|-------|------|
| U/9 | Girls | 500m |
| U/9 | Boys | 500m |
| U/10 | Girls | 600m |
| U/10 | Boys | 600m |

11.00am,

| | | |
|--------|-----------|-----------------------|
| U/12`s | Shot Putt | (2k) |
| U/15`s | Shot Putt | (Girls 2.72k Boys 3k) |
| U/13`s | Shot Putt | (2k) |
| U/17`s | Shot Putt | (Girls 3k Boys 4k) |
| U/19`s | Shot Putt | (Girls 3k Boys 5k) |

11.00am**LONG JUMP**

| | | | |
|-------|------|-----------|--------|
| Girls | U/11 | Long Jump | |
| Boys | U/11 | Long Jump | |
| Girls | U/9 | Long Jump | (Sand) |
| Boys | U/9 | Long Jump | (Sand) |
| Girls | U/10 | Long Jump | (Sand) |
| Boys | U/10 | Long Jump | (Sand) |
| Girls | U/12 | Long Jump | |
| Boys | U/12 | Long Jump | |
| Girls | U/14 | Long Jump | |
| Boys | U/14 | Long Jump | |

12.15 Outside Track**WALKS**

| | | |
|-------------|-------|---------------|
| U/17 & 19 | 1500m | Walks (G & B) |
| U/13 14& 15 | 1000m | Walks (G & B) |

12.45 (200m, 600m, 300m, 800m)

| | | |
|------|-------|------|
| U/17 | Girls | 200m |
| U/17 | Boys | 200m |
| U/19 | Girls | 200m |
| U/19 | Boys | 200m |
| U/12 | Girls | 600m |
| U/12 | Boys | 600m |
| U/13 | Girls | 600m |
| U/13 | Boys | 600m |
| U/11 | Girls | 300m |
| U/11 | Boys | 300m |
| U/14 | Girls | 800m |
| U/14 | Boys | 800m |
| U/15 | Girls | 800m |
| U/15 | Boys | 800m |
| U/17 | Girls | 800m |
| U/17 | Boys | 800m |
| U/19 | Girls | 800m |
| U/19 | Boys | 800m |

Finals